

# CLOSER TO A CURE, ONE BITE AT A TIME.

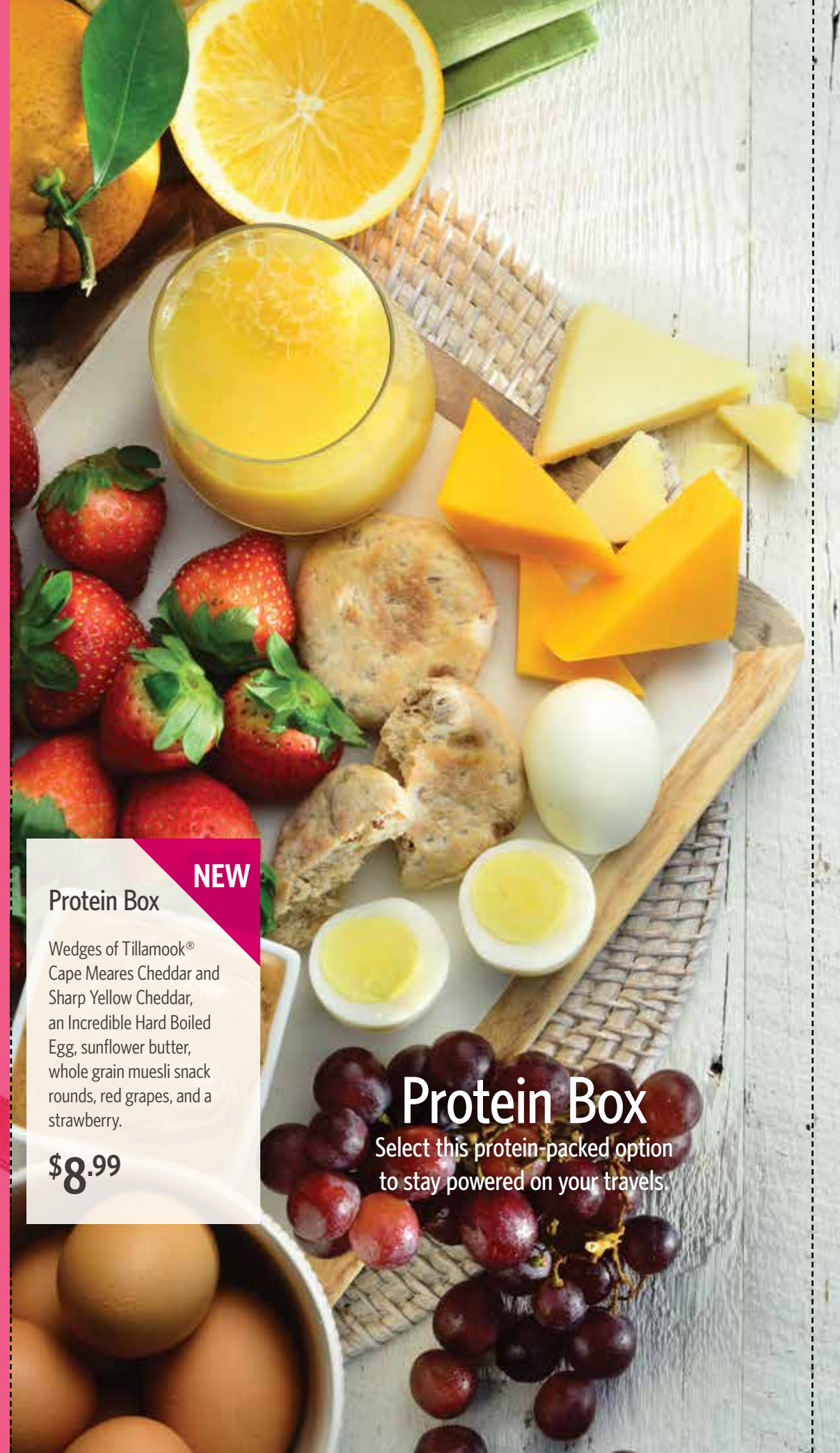
Hungry? Don't hold back. This October, 10% of every food and alcohol purchase from this menu is donated directly to the Breast Cancer Research Foundation. Even better, 100% of your purchase of pink lemonade or BCRF-branded Billboard earbuds goes toward the cause.

If you'd like to do even more, check with a flight attendant to make a donation by card or cash (we even accept foreign currency).

There are other ways to join the fight against cancer this month. Visit [delta.com/bcrf](http://delta.com/bcrf) (no Wi-Fi pass required) to find out how.



# FLIGHT FUEL



**NEW**

**Protein Box**

Wedges of Tillamook® Cape Meares Cheddar and Sharp Yellow Cheddar, an Incredible Hard Boiled Egg, sunflower butter, whole grain muesli snack rounds, red grapes, and a strawberry.

**\$8.99**

**Protein Box**  
Select this protein-packed option to stay powered on your travels.

## BREAKFAST 5:00am-8:59am

BASED ON SCHEDULED DEPARTURE TIME  
Available on select flights over 3 hours (based on actual flight time) or 1400+ miles and select Caribbean, Central America and Mexico markets.

**27 GRAMS OF PROTEIN**

**Protein Box \$8.99**


Wedges of Tillamook® Cape Meares Cheddar and Sharp Yellow Cheddar, an Incredible Hard Boiled Egg, sunflower butter, whole grain muesli snack rounds, red grapes, and a strawberry.

**the incredible egg**




**Honey Maple Turkey Breakfast Sandwich \$8.99**

Honey maple sliced turkey with sweet apple butter and crisp-cut Granny Smith apples, hand-crafted on a flaky pretzel croissant.




## COMPLIMENTARY SNACKS




**Perfection Snacks Snack Mix**

GF K LO




**Biscoff Cookies**

VG GM



**Squirrel Brand Peanuts**

GF VG K GM



**Kind Dark Chocolate Chunk Bar**

GF K GM LO

Snack mix and cookies available on all flights. All snacks available on flights over 600 miles.

## LUNCH/DINNER 9:00am-8:00pm

BASED ON SCHEDULED DEPARTURE TIME  
Available on select flights over 3 hours (based on actual flight time) or 1400+ miles and select Caribbean, Central America and Mexico markets.

**Tillamook Cheese® & Fruit \$8.99**

Three cheeses from Tillamook®—Cape Meares Cheddar, Sharp Yellow Cheddar, and Colby Jack—with olive oil & grey salt flatbread crackers, natural almonds, red grapes, Granny Smith apple wedges, and a Ghirardelli dark chocolate.

*Tillamook cheese may be substituted on flights departing Mexico/Canada.*



**Mesquite-Smoked Turkey Combo \$10.99**

Mesquite-smoked turkey and gruyère cheese, with a Creole mustard & garlic aioli, Roma tomatoes, and romaine lettuce on a 9-grain whole wheat baguette. Served with mayonnaise on the side. Complete with kettle-cooked potato chips and Michel et Augustin milk chocolate & caramel cookie squares.



**WESTBOUND FLIGHTS**

**Luvo™ Harissa Chicken Combo \$10.99**  
450 calories\*

Seasoned chicken tossed in a harissa vinaigrette mixed with chopped romaine, tomatoes, red onions, wheat berries, brown rice, garbanzo beans, raisins and bulgur in a citrus dressing and red pepper hummus spread wrapped in a whole wheat tortilla. Served with grapes, a strawberry, and a Luvo™ Oatmeal Crunch Cookie.

**Luvo**



**EASTBOUND FLIGHTS**

**Luvo™ Southwest Chicken Caesar Combo \$10.99**  
390 calories\*

Seasoned chicken tossed in a yogurt Caesar dressing mixed with chopped romaine, tomatoes, corn, black beans, barley, millet, bulgur wheat, and kale with parmesan spread wrapped in a whole grain spinach tortilla. Served with grapes, a strawberry, and a Luvo™ Oatmeal Crunch Cookie.

**Luvo**



See reverse side to learn more about Luvo and their line of products.  
\*Calorie count applies to the individual wraps.



# BEVERAGES

100% of Pink Lemonade funds the fight against breast cancer.  
10% of all other beverage purchases will be donated this month.

## Featured Beverages

Pink Martini **\$8**  
Featuring Minute Maid® Pink Lemonade and vodka.

Pink Lemonade **\$2**  
Minute Maid® Pink Lemonade

Spirits **\$8**

- |                               |                                 |
|-------------------------------|---------------------------------|
| Bacardi® Superior             | Finlandia® Classic Vodka        |
| Baileys® Original Irish Cream | Jack Daniel's® Old No. 7        |
| Bombay Sapphire®              | Jack Daniel's® Tennessee Honey™ |
| Canadian Club® Reserve        | Tequila Cazadores® Blanco       |
| Dewar's® White Label®         | Woodford Reserve®               |

Domestic Beer **\$7**  
Miller Lite

Craft & Import Beers **\$8**  
Blue Moon  
Heineken  
SweetWater 420 Extra Pale Ale

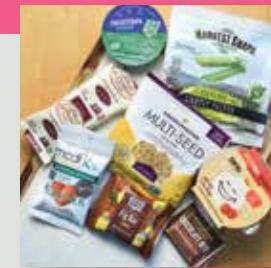
Wines **\$8**  
Trinity Oaks Pinot Grigio  
J.P. Chenet Cabernet-Syrah Blend

Sparkling Wine **\$9**  
Aria Cava

# ALL-DAY SNACKS

Tapas Snack Box **\$8.99**

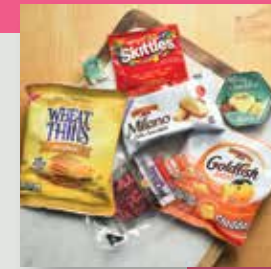
- Calbee® Harvest Snaps Snapea Crisps® **GF VG GM**
- Crunchmaster™ Original Multi-Seed Crackers **GF VG K GM**
- Endangered® Species Natural Dark Chocolate **GF VG K GM**
- Madi K's® Whole Natural Almonds **GF VG K GM**
- Nature's Bakery Lemon Fig Bar **VG K GM**
- La Panzanella® Multigrain Crackers **VG K GM**
- Pick Pocket Dips Traditional Hummus **GF VG K GM**
- Quinoa Queen Quinoa Pepper Dip **GF VG GM**



**100%**  
VEGAN and  
NON-GMO

Crave Snack Box **\$7.99**

- Nabisco Original Wheat Thins **VG**
- Pepperidge Farm® Original Goldfish® **K LO**
- Hormel® Hard Salami **GF**
- White Cheddar Gourmet Cheese Spread **GF LO**
- Pepperidge Farm® Dark Chocolate Milano® **K LO**
- Original Skittles® **GF VG**
- Tic Tac® Freshmints **GF VG K GM**



Crunch Snack Box **\$6.99**

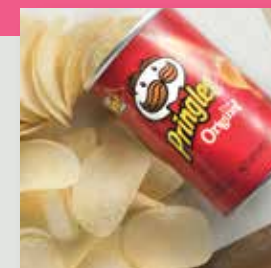
- Late July® Sea Salt™ Tortilla Chips **GF VG K GM**
- Naturally Fresh® Medium Salsa **GF VG**
- Madi K's® Hickory Smoked Almonds **GF VG K GM**
- Toblerone® Swiss Milk Chocolate **GF K LO**
- Old Wisconsin® Beef Snack Stick **GF**



**100%**  
GLUTEN FREE

Pringles **\$3.99**

The snack classic continues to take flight.



## Nutritional Key:

- GF** Gluten-Free
- VG** Vegan
- K** Kosher
- GM** Non-GMO
- LO** Lacto-Ovo

# Take nutrition home.



HAWAIIAN UN-FRIED RICE • 330MG SODIUM • READY IN 4 1/2 MIN

**Luvo**



Wholesome, convenient meals don't just have to be in-flight. Find ready-made frozen Luvo™ bowls at your local grocery store, or get them delivered to your doorstep.

VISIT OUR ONLINE STORE

[luvofoods.com](http://luvofoods.com)

### OUR NUTRITION PROMISE IN EVERY BOWL

- 1+ servings of fruits & vegetables
- Quality, lean proteins raised without hormones or antibiotics
- Emphasis on whole grains

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Receive a 20% savings in the form of a statement credit after you use your Card on eligible Delta in-flight purchases of food and beverages, plus earn 2 miles per dollar spent when you use your Card for purchases made directly with Delta. Some in-flight purchases do not qualify.



Terms, conditions and restrictions apply. See [delta.com/mycardcan](http://delta.com/mycardcan) for details.

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# FLIGHT FUEL

by DELTA

